

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZALM

Coachinfo: Warming up from: 07:10 untill 08:25. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: Moers Liesbet

Coaches: Moers Greet

Coaches: Van Dyck Hanne

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:11, starttime: 09:40
Heat: 11/20 Lane : 3 Athlete: MARINUS BAS					Q-time: 01:20:19
PB (25m pool): 01:20.19 2370 Arendonk 21/12/2025					PB (50m pool): 01:20.44 SB: 01:20.19 2370 Arendonk 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.87		01:20.19	
	00:37.87		00:42.32		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:11, starttime: 10:15
Heat: 11/19 Lane : 1 Athlete: VAN ASSCHE FIEN					Q-time: 01:19:01
PB (25m pool): no time					PB (50m pool): 01:19.01 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:16, starttime: 11:05
Heat: 16/37 Lane : 4 Athlete: VERBERCKMOES JASPER					Q-time: 01:06:22
PB (25m pool): 01:08.65 Nijlen 16/11/2025					PB (50m pool): 01:06.22 SB: 01:08.65 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.13		01:08.65	
	00:32.13		00:36.52		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZALM

Event number: 17: 100M FREESTYLE MEN 11+					Heat:23, starttime: 11:15
Heat: 23/37 Lane : 2 Athlete: MARINUS BAS					Q-time: 00:59:88
PB (25m pool): 00:59.88 Sinbad 22/07/2025					PB (50m pool): 01:00.42 SB: 01:00.35 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.15		00:59.88	
	00:29.15		00:30.73		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 11:40
Heat: 4/33 Lane : 1 Athlete: GIEDTS MIRTHE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback: